## St George's Central CE Primary School and Nursery

## Subject Overview for PSHE 2023-2024

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2					
N	PSED is embedded within daily interactions to support the development of self-regulation, managing self and building relationships. We follow the needs of the children to										
R	plan relevant and 'in the moment' circle times to also support this. We have regular well being sessions in our Well Being room.										
Y1/2	What makes a good friend?	How can we make sure everyone is treated equally?	What helps us stay healthy?	What can we do with money?	Who helps keep us safe?	How do we recognise our feelings?					
	Christian Value: Friendship	Christian Value: Justice	Christian Value: Friendship	Christian Value: Forgiveness	Christian Value: Trust	Christian Value: Hope					
Y3/4	Why should we eat well and look after our teeth?	What keeps us safe?	What are families like?	How can our choices make a difference to others and the environment?	Why should we keep active and sleep well?	How will we grow and change?					
	Christian Value: Hope	Christian Value: Trust	Christian Value: Friendship	Christian Value: Forgiveness	Christian Value: Endurance	Christian Value: Compassion					
Y5/6	How can we keep healthy as we grow? How do we change as we grow?	What decisions can people make with money?	How can we help in an	accident or emergency?	How can drugs common to everyday life affect health?	What will change as we become independent?					
	Christian Value: Compassion	Christian Value: Hope		<b>n Value:</b> Idship	Christian Value: Trust	Christian Value: Endurance					

## St George's Central CE Primary School and Nursery

## Subject Overview for PSHE 2024-2025

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2				
N					ng relationships. We follow the					
R	plan relevant and 'in the moment' circle times to also support this. We have regular well being sessions in our Well Being room.									
Y1/2	What is the same and different about us?	Who is special to us?	What helps us stay safe?	What jobs do people do?	What helps us grow and stay healthy?	How can we look after each other and the world?				
	Christian Value: Trust	Christian Value: Compassion	Christian Value: Forgiveness	<b>Christian Value:</b> Friendship	Christian Value: Endurance	Christian Value: Hope				
Y3/4	How can we be a good friend?	How do we treat each other with respect?	What makes a community?	How can we manage our feelings?	What strengths, skills and interests do we have?	How can we manage risk in different places?				
	<b>Christian Value:</b> Friendship	Christian Value: Compassion	Christian Value: Hope	Christian Value: Forgiveness	Christian Value: Endurance	Christian Value: Trust				
Y5/6	What makes up our identity? How do we change as we grow?	How can friends communicate safely?	How can the media	a influence people?	How do friendships change as we grow?	What job would I like in the future?				
	Christian Value: Trust	<b>Christian Value:</b> Friendship	<b>Christia</b> Just		Christian Value: Hope	Christian Value: Endurance				